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### Directions to Sports Massage Zone

Unit A

3<sup>rd</sup> Floor Carpenters Hall

1 Throgmorton Avenue

London

EC2N 2JJ

**Entrance is on London Wall**

Just along from Café Nero

We are in the **Dental Clinic**



During office hours:

1. Street level entrance should be open
2. Take the lift – we are 5 flights up
3. On the 3<sup>rd</sup> floor: press the bell on the door for the Dentists
4. Bear with us if there is a delay opening the door
5. Come into the Dental Clinic, we will be with you shortly
6. We always run on time, if we haven't come out by the time your session starts; please ask to knock on our door.

After office hours:

1. If the street level entrance is locked – press the buzzer on the left for Unit A/B/C/D
2. We may not be able to release the various doors promptly as we are busy treating, please do bear with us while we finish up with the previous person.

Close to Café Nero



Entrance is on  
London Wall



Bell on 3<sup>rd</sup> Floor

